

Week #1: Jonah

Understanding the Story of Jonah:					
•	There is a tendency in God to	_ after us and interrupt our	self-destructive behavior. This is		
•	There is a tendency in us to	the leadership of	in our life. This is called		

• God .

The Lord gave this message to Jonah son of Amittai: "Get up and go to the great city of Nineveh. Announce my judgment against it because I have seen how wicked its people are."

Jonah 1:1-2 (NLT)

• Jonah _____.

But Jonah got up and went in the opposite direction to get away from the Lord. He went down to the port of Joppa, where he found a ship leaving for Tarshish. He bought a ticket and went on board, hoping to escape from the Lord by sailing to Tarshish. Jonah 1:3 (NLT)

God

But the Lord hurled a powerful wind over the sea, causing a violent storm that threatened to break the ship apart.

Jonah 1:4 (NLT)

Fearing for their lives, the desperate sailors shouted to their gods for help and threw the cargo overboard to lighten the ship. But all this time Jonah was sound asleep down in the hold. Jonah 1:5 (NLT)

So the captain went down after him. "How can you sleep at a time like this?" he shouted. "Get up and pray to your god! Maybe he will pay attention to us and spare our lives."

Jonah 1:6 (NLT)

Then the crew cast lots to see which of them had offended the gods and caused the terrible storm. When they did this, the lots identified Jonah as the culprit. "Why has this awful storm come down on us?" they demanded. "Who are you? What is your line of work? What country are you from? What is your nationality?" Jonah answered, "I am a Hebrew, and I worship the Lord, the God of heaven, who made the sea and the land." The sailors were terrified when they heard this, for he had already told them he was running away from the Lord. "Oh, why did you do it?" they groaned.

Jonah 1:7-10 (NLT)

•	Jonah		
---	-------	--	--

And since the storm was getting worse all the time, they asked him, "What should we do to you to stop this storm?" "Throw me into the sea," Jonah said, "and it will become calm again. I know that this terrible storm is all my fault."

Jonah 1:11-12 (NLT)

Instead, the sailors rowed even harder to get the ship to the land. But the stormy sea was too violent for them, and they couldn't make it. Then they cried out to the Lord, Jonah's God. "O Lord," they pleaded, "don't make us die for this man's sin. And don't hold us responsible for his death. O Lord, you have sent this storm upon him for your own good reasons." Then the sailors picked Jonah up and threw him into the raging sea, and the storm stopped at once! The sailors were awestruck by the Lord's great power, and they offered him a sacrifice and vowed to serve him.

Jonah 1:13-16 (NLT)

Now the Lord had arranged for a great fish to swallow Jonah. And Jonah was inside the fish for three days and three nights.

Jonah 1:17 (NLT)

Closing Questions

Where in my life am I ______?
Do I believe God is ______?
Will I ______?

Discussion Questions

- 1. Why is it sometimes tempting for us to flee from God?
- 2. When you struggle to obey God, what are the most common reasons why? Is there something you would have a hard time doing if God asked it of you? Why?
- 3. What do God's actions toward Jonah teach us about His character?

Recommended Resources

- Running from Mercy: Jonah and the Surprising Story of God's Unstoppable Grace, by Anthony Carter
- Rediscovering Jonah: The Secret of God's Mercy, by Timothy Keller

Week #1: Jonah - FILL COPY

- There is a tendency in us to <u>RESIST</u> the leadership of <u>GOD</u> in our life. This is called <u>SIN</u>.
- There is a tendency in God to <u>CHASE</u> after us and interrupt our self-destructive behavior. This is called <u>GRACE</u>.

Understanding the Story of Jonah:

God <u>CALLS</u>.

The Lord gave this message to Jonah son of Amittai: "Get up and go to the great city of Nineveh. Announce my judgment against it because I have seen how wicked its people are."

Jonah 1:1-2 (NLT)

Jonah RUNS.

But Jonah got up and went in the opposite direction to get away from the Lord. He went down to the port of Joppa, where he found a ship leaving for Tarshish. He bought a ticket and went on board, hoping to escape from the Lord by sailing to Tarshish.

Jonah 1:3 (NLT)

• God **PURSUES**.

But the Lord hurled a powerful wind over the sea, causing a violent storm that threatened to break the ship apart.

Jonah 1:4 (NLT)

Fearing for their lives, the desperate sailors shouted to their gods for help and threw the cargo overboard to lighten the ship. But all this time Jonah was sound asleep down in the hold. Jonah 1:5 (NLT)

So the captain went down after him. "How can you sleep at a time like this?" he shouted. "Get up and pray to your god! Maybe he will pay attention to us and spare our lives."

Jonah 1:6 (NLT)

Then the crew cast lots to see which of them had offended the gods and caused the terrible storm. When they did this, the lots identified Jonah as the culprit. "Why has this awful storm come down on us?" they demanded. "Who are you? What is your line of work? What country are you from? What is your nationality?" Jonah answered, "I am a Hebrew, and I worship the Lord, the God of heaven, who made the sea and the land." The sailors were terrified when they heard this, for he had already told them he was running away from the Lord. "Oh, why did you do it?" they groaned.
Jonah 1:7-10 (NLT)

Jonah SURRENDERS.

And since the storm was getting worse all the time, they asked him, "What should we do to you to stop this storm?" "Throw me into the sea," Jonah said, "and it will become calm again. I know that this terrible storm is all my fault."

Jonah 1:11-12 (NLT)

Instead, the sailors rowed even harder to get the ship to the land. But the stormy sea was too violent for them, and they couldn't make it. Then they cried out to the Lord, Jonah's God. "O Lord," they pleaded, "don't make us die for this man's sin. And don't hold us responsible for his death. O Lord, you have sent this storm upon him for your own good reasons." Then the sailors picked Jonah up and threw him into the raging sea, and the

storm stopped at once! The sailors were awestruck by the Lord's great power, and they offered him a sacrifice and vowed to serve him.

Jonah 1:13-16 (NLT)

Now the Lord had arranged for a great fish to swallow Jonah. And Jonah was inside the fish for three days and three nights.

Jonah 1:17 (NLT)

Closing Questions

- Where in my life am I RUNNING?
- Do I believe God is PURSUING ME?
- Will I <u>SURRENDER</u>?

Discussion Questions

- 1. Why is it sometimes tempting for us to flee from God?
- 2. When you struggle to obey God, what are the most common reasons why? Is there something you would have a hard time doing if God asked it of you? Why?
- 3. What do God's actions toward Jonah teach us about His character?

Recommended Resources

- Running from Mercy: Jonah and the Surprising Story of God's Unstoppable Grace, by Anthony Carter
- Rediscovering Jonah: The Secret of God's Mercy, by Timothy Keller

NLT (New Living Translation)